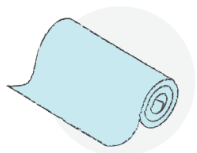


# Hand Sewn Face Mask

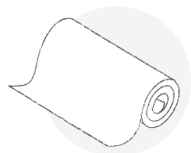
Veronica Bravo, Janet Loehrke, and Karina Bland, USA TODAY



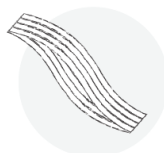
## Materials you need to make a cloth face mask



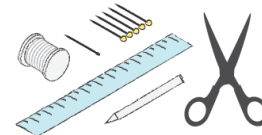
**Cotton fabric**



**Lightweight fusible interfacing**  
(optional)

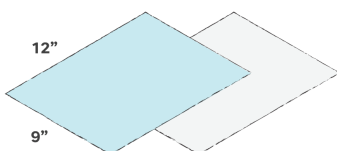


**1/4 inch elastic**

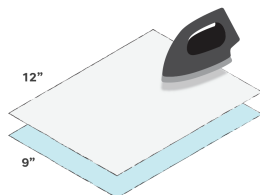


**Basic sewing supplies**  
thread, needle, pins, scissors, ruler  
(sewing machine is optional)

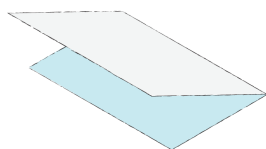
**1.** Cut material and interfacing to 12 x 9 inches



**2.** Iron interfacing to material (adhesive side to back of material)



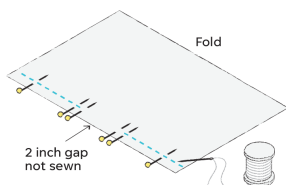
**3.** Once ironed, fold fabric in half with interfacing on the outside



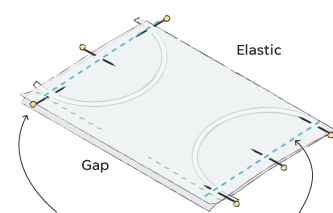
**4.** Cut two pieces of elastic — each 7-inches long



**5.** Pin and sew 1/4-inch from edge leaving a 2-inch gap in the center



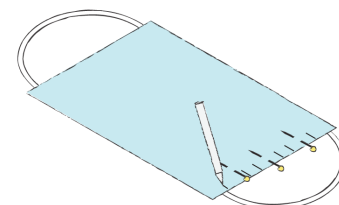
**6.** Put elastic band on each corner, inside the material and pin to keep in place, making sure the elastic is not twisted. Pinning in center as well



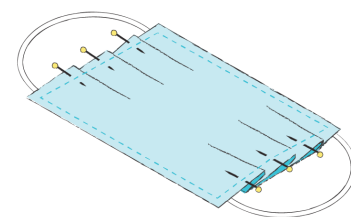
Sew along both edges, making sure to sew extra stitches in the elastic.

Turn the fabric right side out, by pinching material through the 2 inch gap. Iron mask, so seams lay flat.

**7.** Using the pattern, mark locations of pleat lines and add pins on both sides



**8.** Fold 3 pleats. Sew around the entire perimeter of the mask, this holds the pleats in place, and closes the 2-inch gap



All you have to do is remove the pins and test out your new mask.

